

2012 SCIAC Track & Field Championships
97th Annual Meet -- Ashel Cunningham Track
Hosted by the Univ. of Redlands, Redlands, CA - 4/27/2012 to 4/28/2012
Results

Women 100 Meter Dash

SCIAC D3: S 12.06	2002	Kristen Stuart, Occidental	
SCIAC Meet: M 12.12	2002	Dejuana Satchell, La Verne	
Name	Year	School	Prelims

=====			
Heat 1 Preliminaries	Wind: 1.6		
1 Nicole Crutchfield	SO La Verne		12.39Q
2 Taryn Thordarson	JR Cal Lutheran		12.59q
3 Carolyn Newswanger	SO Whittier		12.89q
4 Stephanie Scamman	JR Occidental		12.92
5 Shelby Liburd	FR La Verne		13.20
6 Hanna Levin	SO Pomona-Pitzer		13.49
7 Natalia Kozlyuk	SR Redlands		13.87
8 Carrie Wang	SO Caltech		14.66
9 Jacqueline Tran	FR Pomona-Pitzer		15.00
Heat 2 Preliminaries	Wind: 2.6		
1 Maritza Williams	JR La Verne		12.31Q
2 Ebony Williams	SO La Verne		12.45q
3 Kendall Sauter	SO Cal Lutheran		12.66q
4 ShaKayla Rouse	FR Pomona-Pitzer		12.94
5 Jazmyne Porter	JR Cal Lutheran		13.17
6 Larissa Nakatsu	FR Pomona-Pitzer		14.17
7 Ali Valdrighi	FR Pomona-Pitzer		14.44
8 Jean Lopez	SR La Verne		14.66
9 Nandini Mukherjee	SO Caltech		15.05
Heat 3 Preliminaries	Wind: 1.7		
1 Ashley Lively	JR Redlands		12.45Q
2 Amy Galipeau	SO Cal Lutheran		12.63q
3 Madi Knaub	FR CMS		12.85q
4 Audrey Dow	SO Cal Lutheran		12.91
5 Lili Bolanos	JR La Verne		13.30
6 Lauren Achen	FR Cal Lutheran		13.70
7 Jessie Harsen	FR La Verne		13.85
8 Andrea Guerra	SO La Verne		14.81
9 Jen Ma	SR Caltech		15.23

Women 100 Meter Dash

SCIAC D3: S 12.06	2002	Kristen Stuart, Occidental	
SCIAC Meet: M 12.12	2002	Dejuana Satchell, La Verne	
Name	Year	School	Finals

=====			
Section 1 Finals	Wind: 2.4		
1 Nicole Crutchfield	SO La Verne		12.13
2 Ashley Lively	JR Redlands		12.26
3 Maritza Williams	JR La Verne		12.29
4 Ebony Williams	SO La Verne		12.46
5 Taryn Thordarson	JR Cal Lutheran		12.56
6 Amy Galipeau	SO Cal Lutheran		12.67
7 Kendall Sauter	SO Cal Lutheran		12.81
8 Madi Knaub	FR CMS		12.83
-- Carolyn Newswanger	SO Whittier		FS

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Women 200 Meter Dash

SCIAC D3: S 24.11	1998	Patrina Hall, La Verne	
SCIAC Meet: M 24.35	2002	Kristen Stuart, Occidental	
Name	Year	School	Prelims

=====			
Heat 1 Preliminaries	Wind: 1.7		
1 Julea Juarez	SR	Cal Lutheran	24.91Q
2 Amy Galipeau	SO	Cal Lutheran	26.06q
3 Taryn Thordarson	JR	Cal Lutheran	26.35q
4 Melissa Muntzel	SR	Cal Lutheran	26.44q
5 Carolyn Newswanger	SO	Whittier	26.98
6 ShaKayla Rouse	FR	Pomona-Pitzer	27.25
7 Natalia Kozlyuk	SR	Redlands	28.86
Heat 2 Preliminaries	Wind: 1.2		
1 Jenny Quilty	FR	Occidental	26.35Q
2 Madi Knaub	FR	CMS	26.37q
3 Audrey Dow	SO	Cal Lutheran	26.64
4 Nicole Leon	FR	Whittier	27.86
5 Bernadette Magallanes	SR	Redlands	28.78
6 Andrea Guerra	SO	La Verne	30.95
7 Jean Lopez	SR	La Verne	31.17
Heat 3 Preliminaries	Wind: 1.4		
1 Maritza Williams	JR	La Verne	25.29Q
2 Lauren Rohach	SO	Cal Lutheran	26.12q
3 Rachel Bunting	SR	CMS	26.14q
4 Tanesha Spencer	FR	La Verne	27.10
5 Mary Brzezinski	FR	Whittier	27.73
6 Mia Oviatt	JR	Caltech	28.64
7 Jessie Harsen	FR	La Verne	29.16
8 Jen Ma	SR	Caltech	31.81

Women 200 Meter Dash

SCIAC D3: S 24.11	1998	Patrina Hall, La Verne	
SCIAC Meet: M 24.35	2002	Kristen Stuart, Occidental	
Name	Year	School	Finals

=====			
Section 1 Finals	Wind: 1.8		
1 Maritza Williams	JR	La Verne	24.95
2 Julea Juarez	SR	Cal Lutheran	25.05
3 Lauren Rohach	SO	Cal Lutheran	25.90
4 Rachel Bunting	SR	CMS	26.03
5 Melissa Muntzel	SR	Cal Lutheran	26.26
6 Jenny Quilty	FR	Occidental	26.43
7 Amy Galipeau	SO	Cal Lutheran	26.51
8 Taryn Thordarson	JR	Cal Lutheran	26.52
-- Madi Knaub	FR	CMS	DQ

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Women 400 Meter Dash

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=====
SCIAC D3: S 54.11 1998      Jennifer Culley, CMS
SCIAC Meet: M 54.26 1991   Jacqui Dent, Occidental
Name                        Year School                Prelims
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Heat 1 Preliminaries

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1 Julea Juarez              SR Cal Lutheran            57.19Q
2 Melissa Muntzel           SR Cal Lutheran            58.79q
3 Samantha Tucker           JR La Verne                 59.65q
4 Nicole Leon                FR Whittier                 61.82q
5 Tanesha Spencer           FR La Verne                 63.29q
6 Bernadette Magallanes     SR Redlands                 65.89

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Heat 2 Preliminaries

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1 Meghan Fruth              SR Occidental              59.56Q
2 Rachel Bunting            SR CMS                      59.85q
3 Lauren Rohach             SO Cal Lutheran            60.27q
4 Ayana Foster              SO Occidental              61.23q
5 Katie Kirchner            SO Cal Lutheran            63.56
6 Julia Kingsley            FR Occidental              66.42

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Women 400 Meter Dash

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=====
SCIAC D3: S 54.11 1998      Jennifer Culley, CMS
SCIAC Meet: M 54.26 1991   Jacqui Dent, Occidental
Name                        Year School                Finals
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Section 1 Finals

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1 Julea Juarez              SR Cal Lutheran            57.60
2 Rachel Bunting            SR CMS                      59.07
3 Samantha Tucker           JR La Verne                 59.62
4 Meghan Fruth              SR Occidental              59.82
5 Melissa Muntzel           SR Cal Lutheran            60.41
6 Ayana Foster              SO Occidental              60.47
7 Lauren Rohach             SO Cal Lutheran            60.83
8 Nicole Leon                FR Whittier                 63.00
9 Tanesha Spencer           FR La Verne                 64.25

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Women 800 Meter Run

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SCIAC D3: S 2:06.62 1992    Jacqui Dent, Occidental
SCIAC Meet: M 2:13.77 1985  Kathleen Brooks, Redlands
Name                        Year School                Prelims
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Heat 1 Preliminaries

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1 Kelly Garton              SR CMS                      2:22.29Q
2 Molly Litherland          SR Whittier                 2:22.81Q
3 Alysse Thummel            SO La Verne                 2:23.63q
4 Yanet Urciaga             SO La Verne                 2:28.75
5 Casey Warendorf           SO Occidental              2:31.59
6 Anna Edwards              SR Whittier                 2:36.05
7 Shelby Sato               SO La Verne                 2:40.18
8 Brooke McCawley           SR Redlands                 2:52.65
9 Helene Sparangis          FR Whittier                 3:10.79

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Heat 2 Preliminaries

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1 Claire Larson             SR Occidental              2:20.71Q

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....Women 800 Meter Run

2	Elise Yoshida	JR CMS	2:23.29Q
3	Stephanie Micham	FR Pomona-Pitzer	2:23.50q
4	Ashley Frese	SO Cal Lutheran	2:24.25
5	Nancy Andrade	FR La Verne	2:30.69
6	Andrea Ramirez	FR La Verne	2:32.88
7	Ellie Aguilera	SO Redlands	2:33.88

Heat 3 Preliminaries

1	Laura Wyatt	JR CMS	2:20.60Q
2	Olivia Warren	SO CMS	2:20.66Q
3	Dot Silverman	SO Pomona-Pitzer	2:20.80q
4	Roxanne Cook	JR Pomona-Pitzer	2:26.22
5	Stephanie Reynolds	FR Caltech	2:28.65
6	Stassja Sichko	FR Pomona-Pitzer	2:28.67
7	Nicole Martins-Boyte	FR Whittier	2:41.00
8	Samantha Reed	FR La Verne	2:49.81

Women 800 Meter Run

SCIAC D3: S	2:06.62	1992	Jacqui Dent, Occidental
SCIAC Meet: M	2:13.77	1985	Kathleen Brooks, Redlands
Name		Year School	Finals

Section 1 Finals

1	Kelly Garton	SR CMS	2:15.76
2	Claire Larson	SR Occidental	2:16.33
3	Olivia Warren	SO CMS	2:18.94
4	Laura Wyatt	JR CMS	2:19.01
5	Dot Silverman	SO Pomona-Pitzer	2:21.05
6	Alysse Thummel	SO La Verne	2:21.11
7	Molly Litherland	SR Whittier	2:21.76
8	Elise Yoshida	JR CMS	2:23.54
9	Stephanie Micham	FR Pomona-Pitzer	2:23.69

Women 1500 Meter Run

SCIAC D3: S	4:27.11	1987	Cresey Stewart, Occidental
SCIAC Meet: M	4:29.50	1987	Brigid Stirling, CMS
Name		Year School	Prelims

Heat 1 Preliminaries

1	Kelly Garton	SR CMS	4:52.50Q
2	Megan Lang	JR Occidental	4:54.43Q
3	Sara Mostatabi	FR CMS	4:54.52Q
4	Della Lyle	FR Redlands	4:54.87Q
5	Kathleen Shea	SR Pomona-Pitzer	4:57.90q
6	Danielle Knott	FR CMS	4:59.93
7	Guadalupe Ulloa	JR Whittier	5:08.35
8	Taia Wu	FR CMS	5:16.73
9	Caitlin Coomber	SR Cal Lutheran	5:18.19
10	Claribel Solorio	SO Whittier	5:19.53
11	Hana Betts	FR CMS	5:20.12
12	Sylvia Sullivan	SR Caltech	5:20.36
13	Lila Singer-Berk	SO Occidental	5:21.57
14	Juliette Becker	SO Caltech	5:23.40

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....Women 1500 Meter Run

15	Sofia Garcia	FR Whittier	5:23.59
16	Lydia Harmon	JR Occidental	5:24.61
17	Kayla Eland	SR Pomona-Pitzer	5:26.88
18	Charlotte Selters	FR Occidental	5:28.13
19	Chantal White	FR Cal Lutheran	5:30.78
20	Vanessa Anchondo	SO Redlands	5:33.90
21	Annie Niehaus	SO Pomona-Pitzer	5:44.11

Heat 2 Preliminaries

1	Laura Sauvage	SO CMS	4:51.95Q
2	Jennifer Tave	SR CMS	4:52.46Q
3	Emily Canales	SR Redlands	4:53.01Q
4	Deanna Dupuy	JR Occidental	4:53.13Q
5	Alisse Baumgarten	JR CMS	4:53.65q
6	Ashley Frese	SO Cal Lutheran	4:54.18q
7	Roxanne Cook	JR Pomona-Pitzer	4:54.95q
8	Micaela Castillo	SR La Verne	5:01.99
9	Stephanie Reynolds	FR Caltech	5:03.75
10	Madison Smith	JR Redlands	5:07.26
11	Lisa Beem	SO CMS	5:10.37
12	Andrea Ramirez	FR La Verne	5:10.97
13	Grace Bender	FR Occidental	5:19.38
14	Lauren Collins	FR Pomona-Pitzer	5:19.49
15	Nina Raspa	SR Whittier	5:20.68
16	Kaya LeGrand	FR Pomona-Pitzer	5:23.48
17	Jessica Infald	SO Cal Lutheran	5:24.86
18	Jennifer Rivas-Guillen	SR Whittier	5:30.22
19	Marlyn Moore	SO Caltech	5:37.71
20	Samantha Reed	FR La Verne	5:44.06
21	Kristen Lindbergh	SR Pomona-Pitzer	5:58.73

Women 1500 Meter Run

SCIAC D3: S	4:27.11	1987	Cresey Stewart, Occidental
SCIAC Meet: M	4:29.50	1987	Brigid Stirling, CMS
Name		Year School	Finals

Section 1 Finals

1	Emily Canales	SR Redlands	4:44.58
2	Kelly Garton	SR CMS	4:46.30
3	Laura Sauvage	SO CMS	4:48.89
4	Jennifer Tave	SR CMS	4:51.06
5	Sara Mostatabi	FR CMS	4:52.11
6	Deanna Dupuy	JR Occidental	4:53.32
7	Ashley Frese	SO Cal Lutheran	4:53.90
8	Della Lyle	FR Redlands	4:55.70
9	Alisse Baumgarten	JR CMS	4:56.01
10	Roxanne Cook	JR Pomona-Pitzer	4:57.37
11	Kathleen Shea	SR Pomona-Pitzer	4:57.69
12	Megan Lang	JR Occidental	4:57.96

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Women 5000 Meter Run

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SCIAC D3: S 16:38.1h 1982      Cindy Nagle, CMS
SCIAC Meet: M 17:25.45 1985   Gwynn Hardesty, CMS
Name                          Year School                    Finals
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Section 1

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=====
1 Breanna Deutsch             SR CMS                        17:26.61
2 Jennifer Tave               SR CMS                        17:44.29
3 Annie Lydens                JR Pomona-Pitzer             17:44.71
4 Laura Sauvage               SO CMS                        17:45.07
5 Sara Mostatabi              FR CMS                        17:45.38
6 Christine Verduzco          JR Whittier                  17:50.56
7 Allison Barnwell            SO CMS                        18:19.37
8 Julia Rigby                 SR CMS                        18:22.91
9 Adrianna Davidek            SR Whittier                  18:35.63
10 Claire Brickson             SO Pomona-Pitzer             18:36.86
11 Andrea Acero                JR La Verne                   18:38.74
12 Kaitlyn Spees              FR CMS                        18:42.51
13 Eva Aguilar                 SR Whittier                  18:51.91
14 Guadalupe Ulloa            JR Whittier                  19:03.00
15 Leslie Canter              SR Pomona-Pitzer             19:05.66
16 Della Lyle                  FR Redlands                   19:11.14
17 Tara Saxena                 JR Occidental                 19:15.95
18 Sylvia Sullivan             SR Caltech                    19:19.55
19 Amanda Miller               FR Cal Lutheran               19:30.17
20 Candace Wray                SR Whittier                  19:31.01
21 Chelsea Feller              FR Cal Lutheran               19:31.49
22 Lydia Harmon                JR Occidental                 19:35.24
23 Shelley Chestler            SR Pomona-Pitzer             19:38.10
24 Claribel Solorio            SO Whittier                   19:42.88
25 Taelor Young                FR Cal Lutheran               19:48.45
26 Katie Barrese               SO La Verne                   19:52.29
27 Jessica Serrano             FR Whittier                   19:54.52
28 Roxanne Cook                JR Pomona-Pitzer             20:14.03
29 Kayla Eland                 SR Pomona-Pitzer             20:14.09
30 Charlotte Selters           FR Occidental                 20:16.33
31 Grace Bender                 FR Occidental                 20:18.25
32 Juliette Becker             SO Caltech                    20:22.20
33 Natasha Block               SO Pomona-Pitzer             20:35.13
34 Sofia Garcia                FR Whittier                   20:40.41
35 Alyssa Fluss                SO Whittier                   20:40.63
36 Lila Singer-Berk            SO Occidental                 20:41.51
37 Lauren Collins              FR Pomona-Pitzer             20:43.59
38 Kaya LeGrand                FR Pomona-Pitzer             21:05.54
39 Sydney Rose                 JR La Verne                   21:23.43
40 Charlene Gantan             FR Whittier                   21:24.62
41 Jennifer Chun               SR Cal Lutheran               21:24.64
42 Annie Niehaus               SO Pomona-Pitzer             21:36.58
43 Kristen Lindbergh           SR Pomona-Pitzer             22:50.81
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Women 100 Meter Hurdles

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SCIAC D3: S 13.78 1981          Margo Edwards, Redlands
SCIAC Meet: M 14.35 1981       Margo Edwards, Redlands
Name                           Year School                    Prelims
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Heat 1 Preliminaries Wind: 3.5

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1 Rose Lewis                    JR CMS                          15.38Q
2 Monique Nguyen                FR CMS                          15.92q
3 Meg O'Keefe                   SO CMS                          16.32q
4 Clarissa Holz                 SR La Verne                     16.94q
5 Hanna Levin                   SO Pomona-Pitzer               16.99 16.990
6 Amy Galipeau                  SO Cal Lutheran                 17.41
7 Katherine Lai                 FR Caltech                      18.56
8 Lauren Achen                  FR Cal Lutheran                 18.91

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Heat 2 Preliminaries Wind: 2.3

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1 Lauren Kennedy                JR Cal Lutheran                 14.97Q
2 Lauren Johnson                SR Occidental                   15.19q
3 Katie Barton                  FR Pomona-Pitzer               15.92q
4 Sarah Wright                  JR Caltech                      16.77q
5 Melissa Chambers              FR Pomona-Pitzer               16.99q 16.982
6 Amanda Sawyer                 SO Redlands                     17.16
7 Mary Brzezinski               FR Whittier                     19.07
8 Bridget Connor               FR Caltech                      21.58

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Women 100 Meter Hurdles

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=====
SCIAC D3: S 13.78 1981          Margo Edwards, Redlands
SCIAC Meet: M 14.35 1981       Margo Edwards, Redlands
Name                           Year School                    Finals
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Section 1 Finals Wind: 2.8

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1 Rose Lewis                    JR CMS                          14.78
2 Lauren Kennedy                JR Cal Lutheran                 14.80
3 Lauren Johnson                SR Occidental                   15.06
4 Meg O'Keefe                   SO CMS                          15.37
5 Monique Nguyen                FR CMS                          15.75
6 Katie Barton                  FR Pomona-Pitzer               15.77
7 Clarissa Holz                 SR La Verne                     16.23
8 Sarah Wright                  JR Caltech                      16.28
9 Melissa Chambers              FR Pomona-Pitzer               16.34

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Women 400 Meter Hurdles

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=====
SCIAC D3: S 61.18 1989          Glenda Mitchell, Occidental
SCIAC Meet: M 61.32 2011       Madeline Miller, CMS
Name                           Year School                    Prelims
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Heat 1 Preliminaries

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1 Meg O'Keefe                   SO CMS                          65.78Q
2 Rose Lewis                    JR CMS                          67.42q
3 Cora Miller                   FR CMS                          67.90q
4 Amy Pumptis                   FR Redlands                     68.83q
5 Erin Delaria                  FR Pomona-Pitzer               70.94
6 Amanda Kielian                FR Redlands                     72.85
7 Katherine Lai                 FR Caltech                      78.58

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....Women 400 Meter Hurdles

Heat 2 Preliminaries

1 Ashley Lively	JR Redlands	63.76Q
2 Lauren Rasmussen	JR Cal Lutheran	65.12q
3 Katie Barton	FR Pomona-Pitzer	65.60q
4 Lauren Johnson	SR Occidental	66.39q
5 Anna Kurnizki	JR Occidental	68.60q
6 Jaclynn Eck	SO Whittier	70.77
7 Serena Stuve	FR Occidental	72.10
8 Natalie Fischer	SO Cal Lutheran	72.93
9 Bridget Connor	FR Caltech	1:24.31

Women 400 Meter Hurdles

=====
 SCIAC D3: S 61.18 1989 Glenda Mitchell, Occidental
 SCIAC Meet: M 61.32 2011 Madeline Miller, CMS

Name	Year School	Finals
=====		
Section 1 Finals		
1 Meg O'Keefe	SO CMS	62.53
2 Ashley Lively	JR Redlands	62.72
3 Katie Barton	FR Pomona-Pitzer	63.86
4 Lauren Johnson	SR Occidental	66.08
5 Lauren Rasmussen	JR Cal Lutheran	66.44
6 Cora Miller	FR CMS	66.58
7 Anna Kurnizki	JR Occidental	67.92
8 Amy Pumputis	FR Redlands	68.19
9 Rose Lewis	JR CMS	68.50

Women 3000 Meter Steeplechase

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 SCIAC D3: S 10:30.59 2008 Evelyn Ross, CMS
 SCIAC Meet: M 10:47.05 2008 Evelyn Ross, CMS

Name	Year School	Finals
=====		
Section 1		
1 Emily Canales	SR Redlands	10:57.86
2 Allison Barnwell	SO CMS	11:11.97
3 Tara Saxena	JR Occidental	11:19.31
4 Sierra Walker	JR Occidental	11:27.77
5 Eva Aguilar	SR Whittier	11:28.27
6 Andrea Acero	JR La Verne	11:38.07
7 Adrianna Davidek	SR Whittier	11:38.08
8 Leslie Canter	SR Pomona-Pitzer	11:52.69
9 Kaitlyn Spees	FR CMS	11:55.38
10 Natalie Bullock	SO Cal Lutheran	12:11.97
11 Danielle Lyons	SO Occidental	12:45.41
12 Sydney Rose	JR La Verne	12:54.20
13 Clara Eng	SR Caltech	13:01.63
14 Natasha Block	SO Pomona-Pitzer	13:19.69
15 Alyssa Fluss	SO Whittier	13:25.71

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Women 4x100 Meter Relay

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SCIAC D3: S	47.30	2002		, CMS	
				Overly-Buckley-Melief-Ray	
SCIAC Meet: M	47.52	2001		, La Verne	
				Lucsko-Satchell-Kirk-Clayton	
School					Finals

1	Cal Lutheran				48.44
	1) Kendall Sauter SO		2) Amy Galipeau SO		
	3) Taryn Thordarson JR		4) Julea Juarez SR		
2	La Verne				48.47
	1) Lili Bolanos JR		2) Ebony Williams SO		
	3) Samantha Tucker JR		4) Nicole Crutchfield SO		
3	Claremont-Mudd-Scripps				49.62
	1) Meg O'Keefe SO		2) Madi Knaub FR		
	3) Rachel Bunting SR		4) Rose Lewis JR		
4	Occidental				50.89
	1) Stephanie Scamman JR		2) Sirena Van Epp FR		
	3) Mary Brant JR		4) Jenny Quilty FR		
5	Pomona-Pitzer				53.30
	1) Gracie Bialecki SR		2) Melissa Chambers FR		
	3) Katie Barton FR		4) Hanna Levin SO		
6	Caltech				54.13
	1) Carrie Wang SO		2) Sarah Wright JR		
	3) Katherine Lai FR		4) Mia Oviatt JR		
--	Redlands				DQ zone 2 violation
	1) Amy Pumputis FR		2) Alexandra Blalock FR		
	3) Ashley Lively JR		4) Christina Donovan JR		

Women 4x400 Meter Relay

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SCIAC D3: S	3:47.60	1990		, Occidental	
				Dent-Heine-McKrell-Mitchell	
SCIAC Meet: M	3:53.56	1998		, CMS	
				Dusek-Bullen-Odamtten-Culley	
School					Finals

1	Cal Lutheran				3:53.12M
	1) Lauren Rasmussen JR		2) Lauren Rohach SO		
	3) Melissa Muntzel SR		4) Julea Juarez SR		
2	La Verne				3:55.33
	1) Alysse Thummel SO		2) Samantha Tucker JR		
	3) Maritza Williams JR		4) Clarissa Holz SR		
3	Claremont-Mudd-Scripps				3:55.95
	1) Meg O'Keefe SO		2) Rose Lewis JR		
	3) Madi Knaub FR		4) Rachel Bunting SR		
4	Occidental				3:56.22
	1) Ayana Foster SO		2) Sirena Van Epp FR		
	3) Claire Larson SR		4) Meghan Fruth SR		
5	Redlands				3:57.17
	1) Alexandra Blalock FR		2) Emily Canales SR		
	3) Amanda Kielian FR		4) Ashley Lively JR		
6	Pomona-Pitzer				4:07.73
	1) Katie Barton FR		2) Erin Delaria FR		
	3) Stephanie Micham FR		4) Dot Silverman SO		

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....Women 4x400 Meter Relay

7 Whittier	4:09.72
1) Nicole Leon FR	2) Carolyn Newswanger SO
3) Mary Brzezinski FR	4) Molly Litherland SR
8 Caltech	4:18.69
1) Katherine Lai FR	2) Sarah Wright JR
3) Mia Oviatt JR	4) Stephanie Reynolds FR

Women High Jump

Name	Year	School	Finals
SCIAC D3: S 1.73m	1984	Molly Moore, Occidental (5' 8")	
SCIAC Meet: M 1.69m	2000	Staci Nichols, Redlands (5' 6.50")	
=====			
Flight 1			
1 Maddie Smith		FR Redlands	1.67m 5-05.75
1.52 1.57 1.62 1.67 1.72			
O O O O XXX			
1 Erica Whitley		SO Cal Lutheran	1.67m 5-05.75
1.67 1.72			
XO XXX			
3 Monique Nguyen		FR CMS	1.57m 5-01.75
1.52 1.57 1.62			
XO XO XXX			
4 Kristina Gustovich		SO Occidental	1.52m 4-11.75
1.47 1.52 1.57			
O XXO XXX			
4 Alexandra Blalock		FR Redlands	1.52m 4-11.75
1.52 1.57			
XXO XXX			
6 Clarissa Holz		SR La Verne	1.47m 4-09.75
1.42 1.47 1.52			
O O XXX			
6 Kaylin Garcia		JR Cal Lutheran	1.47m 4-09.75
1.37 1.42 1.47 1.52			
O O O XXX			
8 Jaclynn Eck		SO Whittier	1.42m 4-07.75
1.37 1.42 1.47			
O O XXX			
8 Ellen Yamasaki		FR Pomona-Pitzer	1.42m 4-07.75
1.27 1.32 1.37 1.42 1.47			
O O O XXO XXX			
8 Jessica Swallow		SR Caltech	1.42m 4-07.75
1.42 1.47			
O XXX			
8 Jazmyne Porter		JR Cal Lutheran	1.42m 4-07.75
1.32 1.37 1.42 1.47			
O O XO XXX			
8 Maisie Johnson		JR Cal Lutheran	1.42m 4-07.75
1.42 1.47			
O XXX			
8 Krystal Gutierrez		FR La Verne	1.42m 4-07.75
1.42 1.47			
O XXX			

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....Women High Jump

8	Gloria Escalante	JR La Verne	1.42m	4-07.75
	1.37 1.42 1.47			
	O XO XXX			
15	Natalya Ratan	SR Pomona-Pitzer	1.32m	4-04.00
	1.27 1.32 1.37			
	O XXO XXX			

Women Pole Vault

=====				
	SCIAC D3: S 3.86m	2008	Kera Bartlett, Occidental (12' 8")	
	SCIAC Meet: M 3.58m	2006	Chelsea Sherier, La Verne (11' 9")	
Name	Year	School	Finals	
=====				
1	Katie Yeager	SO La Verne	3.68mM	12-00.75
	3.20 3.35 3.50 3.68 3.73			
	O O O XO XXX			
2	Allison Krugman	FR CMS	3.35m	10-11.75
	3.20 3.35 3.50			
	O XXO XXX			
2	Lauren Yeske	SR CMS	3.35m	10-11.75
	3.20 3.35 3.50			
	XO O XXX			
2	Taylor Bernard	JR La Verne	3.35m	10-11.75
	3.20 3.35 3.50			
	O O XXX			
2	Christina Donovan	JR Redlands	3.35m	10-11.75
	3.05 3.20 3.35 3.50			
	O XXO XXO XXX			
6	Alyssa Wendt	FR Redlands	3.20m	10-06.00
	2.90 3.05 3.20 3.35			
	O XO XXO XXX			
6	Jessica Dang	JR CMS	3.20m	10-06.00
	2.75 2.90 3.05 3.20 3.35			
	O O O XO XXX			
8	Merritt ten Hope	FR Redlands	3.05m	10-00.00
	3.05 3.20			
	XO XXX			
8	Erin Delaria	FR Pomona-Pitzer	3.05m	10-00.00
	2.60 2.75 2.90 3.05 3.20			
	O O XO XO XXX			
8	Melia Plotkin	SR CMS	3.05m	10-00.00
	2.90 3.05 3.20			
	O XO XXX			
11	Mary Case	FR Cal Lutheran	2.90m	9-06.25
	2.75 2.90 3.05			
	XO O XXX			
12	Jessica Swallow	SR Caltech	2.60m	8-06.25
	2.45 2.60 2.75			
	O O XXX			
13	Kimberly Orpinela	FR Occidental	2.45m	8-00.50
	2.45 2.60			
	O XXX			

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....Women Pole Vault

13	Yesenia Camarena	JR La Verne	2.45m	8-00.50
	2.45 2.60			
	O XXX			
13	Lisa Matsukata	SO Occidental	2.45m	8-00.50
	2.45 2.60			
	XO XXX			
--	Sheyenne Machida	SO Cal Lutheran	NH	
	2.75			
	XXX			
--	Abigail Mitchell	FR Occidental	NH	
	2.45			
	XXX			

Women Long Jump

SCIAC D3: S 6.07m 2008		Natalie Calderon, Redlands (19' 11")	
SCIAC Meet: M 5.77m 2007		Natalie Calderon, Redlands (18' 11 1/4")	
Name	Year School	Finals	Wind
1 Kendall Sauter	SO Cal Lutheran	5.35m	1.3 17-06.75
	5.20m(2.2) 5.08m(2.2) 5.35m(2.8) 5.35m(1.3) FOUL(1.2) 5.18m(0.9)		
2 Stephanie Scamman	JR Occidental	5.00m	2.0 16-05.00
	FOUL(2.2) 4.68m(3.4) 4.78m(2.0) 4.90m(0.9) 4.68m(1.0) 5.00m(2.0)		
2 Tyne McClure	JR La Verne	5.00m	1.2 16-05.00
	4.61m(1.1) 4.54m(2.1) 4.91m(3.0) 4.98m(1.3) 4.68m(2.0) 5.00m(1.2)		
4 Calyx Gaston	JR CMS	4.75m	1.5 15-07.00
	4.50m(1.7) 4.75m(1.5) 4.63m(2.4)		
5 Krystal Gutierrez	FR La Verne	4.67m	1.8 15-04.00
	4.67m(1.8) 4.57m(2.1) 4.58m(2.0)		
6 Manon Zouai	JR CMS	4.55m	1.6 14-11.25
	4.51m(2.4) 4.55m(1.6) 4.49m(2.7)		
7 Alexandra Blalock	FR Redlands	4.50m	1.4 14-09.25
	4.50m(1.4) 4.21m(3.7) 4.30m(3.1)		
7 Vianna Amabile	FR Redlands	4.50m	1.9 14-09.25
	4.37m(1.8) 4.50m(1.9) 4.48m(2.6)		
9 Mary Brzezinski	FR Whittier	4.46m	3.1 14-07.75
	4.46m(3.1) 4.35m(2.4) 4.38m(1.6)		
10 Sophia Kalin	SO CMS	4.19m	1.9 13-09.00
	4.19m(1.9) 3.84m(2.6) 3.71m(2.1)		
11 Larissa Nakatsu	FR Pomona-Pitzer	4.09m	1.6 13-05.00
	4.09m(1.6) 4.03m(1.8) 3.74m(1.3)		
12 Carrie Wang	SO Caltech	3.62m	2.3 11-10.50
	3.62m(2.3) 3.58m(2.6) 3.39m(2.3)		
13 Nandini Mukherjee	SO Caltech	3.55m	1.9 11-07.75
	3.55m(1.9) 3.18m(2.4) 3.29m(2.2)		
Flight 2			
1 Ellyn Erving	SO CMS	5.62m	2.4 18-05.25
	FOUL(1.9) 5.30m(2.1) 5.44m(1.3) FOUL(1.3) 5.62m(2.4) 5.28m(1.0)		
2 Lauren Rohach	SO Cal Lutheran	5.38m	2.4 17-08.00
	5.38m(2.4) PASS PASS 5.35m(1.9) 5.36m(1.7) 5.25m(0.9)		
3 Mary Case	FR Cal Lutheran	5.19m	1.6 17-00.50
	4.98m(1.4) 4.95m(2.0) 5.05m(1.3) 5.19m(1.6) 4.73m(1.2) 4.73m(1.2)		
4 Clarissa Holz	SR La Verne	5.12m	1.5 16-09.75
	4.92m(1.4) 5.10m(2.0) 4.88m(1.5) 4.92m(1.0) 4.95m(1.2) 5.12m(1.5)		

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....Women Long Jump

5	Charissa Shoecraft	FR Cal Lutheran	5.00m	1.1	16-05.00
	4.86m(1.5) 4.99m(1.2) 4.83m(1.9) 4.82m(1.0) 4.75m(1.9) 5.00m(1.1)				
6	Mary Brant	JR Occidental	4.89m	2.2	16-00.50
	4.74m(1.7) 4.89m(2.2) 4.22m(1.2) 4.49m(0.9) 4.58m(1.9) 4.47m(1.4)				
7	Sarah Wright	JR Caltech	4.83m	1.9	15-10.25
	4.71m(2.0) 4.83m(1.9) 4.62m(1.0) 4.72m(1.4) 4.49m(1.2) 4.52m(0.8)				
8	Gloria Escalante	JR La Verne	4.62m	2.1	15-02.00
	4.15m(2.0) 4.62m(2.1) 4.51m(1.7)				
9	Shelby Liburd	FR La Verne	4.53m	2.5	14-10.50
	4.53m(2.5) 4.50m(2.1) 4.50m(1.3)				
10	Gracie Bialecki	SR Pomona-Pitzer	4.20m	2.4	13-09.50
	3.81m(2.7) 4.20m(2.4) FOUL(1.7)				
11	Ali Valdrighi	FR Pomona-Pitzer	4.09m	1.6	13-05.00
	3.95m(2.2) 4.09m(1.6) 3.85m(1.5)				
12	Jacqueline Tran	FR Pomona-Pitzer	3.12m	1.4	10-03.00
	2.88m(1.9) 2.96m(1.3) 3.12m(1.4)				

Women Triple Jump

SCIAM D3: S 12.05m 2008 Natalie Calderon, Redlands (39' 6 1/2")
 SCIAM Meet: M 11.85m 2011 Reny Colton, CMS (38' 10 1/2")

Name	Year	School	Finals	Wind
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Flight 1

1	Charissa Shoecraft	FR Cal Lutheran	10.76m	4.2	35-03.75
	9.65m(0.4) 9.85m(2.6) 10.54m(2.4) 10.46m(5.0) 10.45m(2.5) 10.76m(4.2)				
2	Manon Zouai	JR CMS	10.33m	2.5	33-10.75
	FOUL(1.5) 9.74m(3.3) 10.09m(1.9) 9.75m(2.4) 10.12m(4.2) 10.33m(2.5)				
3	Gloria Escalante	JR La Verne	10.02m	1.8	32-10.50
	FOUL(1.0) FOUL(2.5) 10.02m(1.8) FOUL(2.3) PASS		PASS		
4	Vianna Amabile	FR Redlands	9.50m	3.1	31-02.00
	9.50m(3.1) FOUL(2.2) 9.13m(1.6)				
5	Sophia Kalin	SO CMS	9.09m	4.3	29-10.00
	9.09m(4.3) 8.70m(4.2) 8.90m(3.3)				
--	Gracie Bialecki	SR Pomona-Pitzer	FOUL		
	FOUL(2.7) FOUL(1.8) FOUL(2.1)				

Flight 2

1	Ellyn Erving	SO CMS	11.86m	1.7	38-11.00
	11.78m(3.3) 11.86m(1.7) 11.23m(3.7) 11.62m(4.2) 11.48m(3.2) 11.78m(4.3)				
2	Tyne McClure	JR La Verne	11.09m	3.9	36-04.75
	11.09m(3.9) 11.04m(1.6) 10.79m(4.7) 10.43m(4.2) 10.83m(2.5) FOUL(3.6)				
3	Jessica Swallow	SR Caltech	10.90m	2.4	35-09.25
	10.34m(2.5) 10.25m(3.3) 10.31m(5.4) 10.90m(2.4) 10.58m(3.9) 10.43m(4.7)				
4	Calyx Gaston	JR CMS	10.55m	2.9	34-07.50
	10.55m(2.9) FOUL(2.5) FOUL(3.7) 10.36m(3.6) FOUL(2.9) FOUL(3.3)				
5	Taryn Thordarson	JR Cal Lutheran	10.54m	4.1	34-07.00
	10.39m(3.1) 10.25m(3.6) 10.54m(4.1) PASS		PASS	10.43m(NWI)	
6	Hailey Mayer	JR Occidental	10.38m	3.5	34-00.75
	10.09m(3.4) 10.21m(3.6) FOUL(3.0) 9.87m(4.1) 10.10m(2.2) 10.38m(3.5)				
7	Krystal Gutierrez	FR La Verne	9.88m	2.9	32-05.00
	FOUL(4.9) 9.83m(5.0) 9.88m(2.9)				
8	Ellen Yamasaki	FR Pomona-Pitzer	9.52m	3.0	31-03.00
	9.52m(3.0) 9.21m(1.6) 9.51m(4.0)				

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....Women Triple Jump

9 Carrie Wang SO Caltech 8.39m 4.4 27-06.50
 8.17m(2.9) 8.24m(5.7) 8.39m(4.4)

Women Shot Put

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SCIAC D3: S 14.57m	2002	Lori Waters, La Verne (47' 9 3/4")	
SCIAC Meet: M 14.39m	2011	Kelly Young, Occidental (47' 2 1/2")	
Name	Year	School	Finals

=====

Flight 1

1	Losa Akauola	JR La Verne	13.77m	45-02.25
	13.34m FOUL	13.59m 13.61m	13.77m	13.48m
2	Alyssa Sialaris	JR Whittier	13.38m	43-10.75
	12.12m FOUL	12.94m 13.38m	13.14m	FOUL
3	Jackie De la Paz	SR Cal Lutheran	11.47m	37-07.75
	11.47m FOUL	FOUL 10.82m	10.99m	FOUL
4	Paige Logan	SO Caltech	11.45m	37-06.75
	10.73m 11.44m	11.45m 11.36m	11.43m	11.19m
5	Tori Dahl	SO Cal Lutheran	11.01m	36-01.50
	FOUL 10.39m	FOUL FOUL	10.27m	11.01m
6	Claudia Munoz	SO Whittier	9.55m	31-04.00
	8.98m 9.55m	9.34m 8.94m	8.78m	FOUL
7	Zaquis Coleman	SR Pomona-Pitzer	8.78m	28-09.75
	FOUL 8.49m	8.59m 8.78m	8.64m	8.40m

Women Discus Throw

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SCIAC D3: S 45.98m	1988	Cassandra Dumas, Redlands (150' 10")	
SCIAC Meet: M 45.48m	2010	Christa Youngern, Cal Lutheran (149' 2	
Name	Year	School	Finals

=====

1	Alyssa Sialaris	JR Whittier	43.20m	141-09
	40.97m 39.82m	42.68m 41.83m	41.94m	43.20m
2	Jackie De la Paz	SR Cal Lutheran	42.53m	139-06
	37.77m 34.75m	41.33m 40.15m	41.25m	42.53m
3	Losa Akauola	JR La Verne	42.14m	138-03
	FOUL 42.14m	FOUL FOUL	39.32m	FOUL
4	Britlyn Garrett	SR Cal Lutheran	35.63m	116-11
	FOUL 32.19m	32.64m 35.63m	34.76m	34.93m
5	Jackie Kroll	FR CMS	34.50m	113-02
	31.48m 31.56m	32.92m 34.50m	FOUL	FOUL
6	Tori Dahl	SO Cal Lutheran	34.22m	112-03
	FOUL 31.47m	31.68m 32.44m	31.09m	34.22m
7	Paige Logan	SO Caltech	32.08m	105-03
	FOUL 31.09m	31.04m 32.08m	FOUL	25.52m
8	Christiana Coughlin	FR La Verne	31.85m	104-06
	29.15m 30.34m	30.62m FOUL	31.85m	FOUL
9	Kim White	FR La Verne	29.18m	95-09
	27.28m FOUL	28.55m FOUL	28.42m	29.18m
10	Kimberly Orpinela	FR Occidental	23.72m	77-10
	23.72m 23.36m	20.59m		
11	Ellen Yamasaki	FR Pomona-Pitzer	23.58m	77-04
	23.58m 23.21m	FOUL		

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Women Hammer Throw

SCIAC D3: S 59.90m 1997		Kiyomi Parish, Pomona-Pitzer (196' 6")	
SCIAC Meet: M 56.08m 2010		Christa Youngern, Cal Lutheran (184' 0	
Name	Year	School	Finals
1 Alyssa Sialaris	JR	Whittier	48.78m 160-00
44.68m FOUL FOUL	47.93m	48.78m	47.33m
2 Jackie De la Paz	SR	Cal Lutheran	47.10m 154-06
45.80m FOUL	47.10m	45.62m FOUL	45.42m
3 Losa Akauola	JR	La Verne	44.94m 147-05
FOUL 43.79m	44.94m	FOUL FOUL	42.39m
4 Kelsey McDonald	SR	Redlands	41.58m 136-05
36.94m 36.19m	38.86m	41.57m	41.58m FOUL
5 Kim White	FR	La Verne	37.96m 124-06
36.49m 37.96m	37.94m	37.87m FOUL	FOUL
6 Alexandra Oxborough-Yank	SO	Pomona-Pitzer	37.86m 124-02
34.24m 37.86m	36.23m	37.69m	34.93m 37.29m
7 Jazzmin Altamira	SO	Redlands	36.64m 120-02
35.09m 36.56m	FOUL	35.12m	36.64m FOUL
8 Tori Dahl	SO	Cal Lutheran	34.33m 112-07
31.08m 34.33m	FOUL	30.69m	FOUL FOUL
9 Paige Logan	SO	Caltech	33.84m 111-00
FOUL 30.98m	33.84m	FOUL 30.82m	FOUL
10 Christiana Coughlin	FR	La Verne	33.44m 109-08
32.19m 33.44m	33.32m		
11 Jackie Kroll	FR	CMS	33.38m 109-06
32.55m 33.38m	FOUL		
12 Natalia Kozlyuk	SR	Redlands	32.94m 108-01
FOUL 32.94m	32.09m		
13 Claudia Munoz	SO	Whittier	32.32m 106-00
FOUL FOUL	32.32m		

Women Javelin Throw

SCIAC D3: S 47.84m 1988		Tricia Wright, La Verne (156' 11")	
SCIAC Meet: M 150-06 1979		Jenny Stary, Pomona-Pitzer (150' 6")	
Name	Year	School	Finals
1 Britlyn Garrett	SR	Cal Lutheran	41.09m 134-10
39.66m 41.09m	39.89m	37.71m	38.58m 39.22m
2 Alyssa Sialaris	JR	Whittier	37.00m 121-05
30.29m 33.68m	FOUL	35.51m	FOUL 37.00m
3 Kendall Kraiss	JR	La Verne	36.35m 119-03
32.96m FOUL	33.21m	34.92m	36.35m 36.12m
4 Clarissa Holz	SR	La Verne	35.98m 118-00
35.98m 31.50m	34.19m	33.70m	34.45m 34.86m
5 Christiana Coughlin	FR	La Verne	35.35m 116-00
31.35m 32.86m	FOUL	30.47m	32.32m 35.35m
6 Sarah Wright	JR	Caltech	34.23m 112-04
28.28m 32.16m	31.18m	32.52m	31.35m 34.23m
7 Alexandra Oxborough-Yank	SO	Pomona-Pitzer	33.02m 108-04
32.84m FOUL	30.62m	32.66m	33.02m 32.68m
8 Bridget Connor	FR	Caltech	29.44m 96-07
28.22m FOUL	29.44m	25.83m	26.26m 26.06m

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....Women Javelin Throw

9	Zaquis Coleman		SR Pomona-Pitzer	28.69m	94-01	
	28.69m	22.43m	26.53m	23.96m	24.07m	28.22m
10	Alyssa Wendt		FR Redlands	23.68m	77-08	
	20.50m	23.65m	23.68m			
11	Liana Pitman		SR Whittier	23.11m	75-10	
	22.17m	23.11m	22.40m			
12	Claudia Munoz		SO Whittier	22.93m	75-03	
	22.93m	20.76m	FOUL			
13	Kelsey McDonald		SR Redlands	22.34m	73-03	
	22.34m	21.75m	21.27m			
14	Tori Dahl		SO Cal Lutheran	20.33m	66-08	
	20.33m	FOUL	18.81m			

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Women - Team Rankings - 19 Events Scored

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1) Claremont-Mudd-Scripps	164	2) Cal Lutheran	132.50
3) La Verne	118.50	4) Redlands	57
5) Occidental	46	6) Whittier	40
7) Pomona-Pitzer	19	8) Caltech	12